

# Packing List for August Beach Trip

Jul 11, 2026 · Shared with Braindump

---

## Summary:

- Packing:
- diapers for daytime and nighttime.
- a swimsuit
- four shirts
- Bringing shorts
- Packing toiletries,
- seven pairs of socks,
- some size 8 underwear.
- three pairs of pajamas and extra lounge pants.
- three pairs of long pants (sweats and jeans)
- 4 packs of bath wipes.
- two water bottles
- laundry detergent.
- Packing a battery bank,
- phone charger
- life alert with charger.
- Need to take shoes,
- slippers,
- cane,
- hat,
- three sweaters/hoodies.

## Content:

I need to think about what to pack for my trip in August to the beach. We need to pack a pack of diapers for daytime and nighttime. We need to pack a swimsuit. We need to pack at least half a week, so four shirts. We need to pack both pairs of shorts, and I will buy some more shorts before the trip in this month of July. I will need to pack my toiletries, and I need socks. I need seven pairs of socks. I need some regular underwear, my size 8 underwear. I need to pack my three pairs of

pajamas along with some extra sleep pants, lounge pants.

I'll pack the three pairs of long pants, like some sweatpants and a pair of jeans, or maybe two pairs of jeans. We need to pack some bath wipes. I need to pack my bath wipes. We'll buy some more before we go, and I'll take like 4 packs. I need to pack my water bottles, at least two, so I can change it. I need to take some laundry detergent. I'll buy a new box of that. I need to take a battery bank and a phone charger, my life alert and the charger. I need to take a pair of shoes and slippers.

I need to take my cane, a hat, and three sweaters / zip-ups, hoodies. I need to take... Oh, gosh. I need to take... I'll update later because I can't think straight, but I will remember later.

---

Shared with Braindump - [braindumpnotes.app](https://braindumpnotes.app)